MOROCCAN LAMB STEW with Roast Potatoes



INGREDIENTS

FOR THE STEW

2 tbsp. ghee (or butter)

1.7 lb (800g) diced lamb

1 large onion, diced

2 cloves garlic, chopped

2 tsp. Saveur Tagine Spice

2 tbsp. Saveur California Onion Mix

1½ cups chicken stock

3 tsp. honey

14 oz (400g) can chopped tomatoes

FOR THE POTATOES

2 tbsp. ghee (or butter)

1.7 lb (800g) potatoes, peeled and halved

1 tsp. Saveur Safari Rub

1 tsp. Saveur Himalayan Salt & Pepper, ground

FOR THE SAUCE

1/2 cup Greek yogurt

1 tbsp. lemon juice

1 tbsp. Saveur Creamy Dill Mix

This recipe features Saveur's California Onion Mix, Tagine Spice, Himalayan Salt & Pepper, and Creamy Dill Mix.

METHOD

- 1. Heat 2 tbsp. ghee in a saucepan over medium high heat. Cook the lamb for 3-4 minutes or until browned. Remove and set aside.
- 2. In the same pan, add the onion, garlic, California Onion Mix, and Tagine Spice and cook for 2-3 minutes until fragrant. Add the stock, canned tomatoes, and honey. Return lamb to the pan. Bring to a simmer, reduce to medium-low, partially cover and cook for 45 minutes until tender. Remove the lid and simmer, stirring occasionally, for a further 15 minutes or until the sauce thickens.
- 3. Meanwhile preheat oven to 390°F (200°C). Place potatoes in a pan filled with cold salted water and bring to the boil. Simmer for 10-15 minutes until almost tender. Drain out water and gently shake the pan to separate the potatoes. Coat in 2 tbsp. ghee, 1 tsp. Safari Rub, and Himalayan Salt and Pepper and transfer to a roasting pan. Cook for 45 minutes or until crisp, turning once.
- 4. Serve stew with potatoes.
- 5. Mix the Greek yogurt with the lemon juice and Creamy Dill Mix to make a tasty sauce to have with your stew.

