

INTRO TO
Youngevity®

ESSENTIAL OILS



Youngevity®



Youngevity is dedicated to helping people

achieve radiant good health and a successful, fulfilling lifestyle. Founded by Dr. Joel Wallach, an acclaimed nutritional research pioneer, whose landmark lecture *“Dead Doctors Don’t Lie,”* uncovered the importance of 90 essential nutrients. By taking these 90 essential nutrients, the body may avoid, and even reverse, many of today’s pressing health concerns.

Vitality

90 For Life!

You’ve heard it, “If you don’t have your health, you don’t have anything.” And in today’s fast-paced, poorly nourished lives; it’s more true than ever.

Your body depends on a core group of nutrients; including essential minerals, vitamins, amino acids, and essential fatty acids. These are known as the “90 Essential Nutrients” and serve as the foundation of Dr. Wallach’s 90 For Life™ health campaign.

Youngevity offers 7 different Healthy Body Paks to support specific health concerns, and each provides the full 90 essential nutrients your body needs to achieve and maintain optimal health.



#10252

HEALTHY BODY
START PAK™ 2.0

Abundance **Products that enrich your life**

Today, Youngevity has expanded to include a broad array of brands to help create an abundant, vibrant life. Customers enjoy high-quality, health-conscious products that help promote and expand Dr. Wallach's core messages of health and wellness.

PRODUCT SPOTLIGHT: **Essential Oils**

So, what exactly are essential oils? An essential oil is the fragrant life essence of a plant which has been gently extracted through the process of steam distillation or cold pressing. This purely extracted oil is then used to restore and balance an individual's physical, emotional, mental and spiritual natures.



Health resources for modern living

In today’s world, technology influences every aspect of our lives; even how we care for our health. For our ancestors, medicine was the application of plants and minerals to help balance and restore the body. Our ancestors knew of the incredible healing and supportive properties found in mother nature. Today, much of our prescription/over-the-counter medicines have been derived from this early knowledge.

Yet, with all our advances, we continue to see growing trends of chronic illness and fatigue—so we stock our homes with medicines to help us cope with modern living. Unfortunately, overuse of these prescription/over-the-counter medicines may create unwanted side effects.

WHAT’S IN YOUR HOME?

- | | | |
|-----------------------|-------------------|--------------------|
| Acne cream | Anti-nausea | Nasal decongestant |
| Athlete’s foot powder | Bug spray | Pain reducer |
| Antacid | Cough suppressant | Sunburn relief |
| Antihistamine | Disinfectant | Toothpaste |
| Antiseptic | Mouthwash | Wart treatment |



Why use oils?

People everywhere are turning to essential oils in order to improve their health and quality of life. These oils are an incredibly potent and natural way to support the body.

- Temporarily relieve minor pain*
- Aid digestion*
- Balance mood*
- Enhance home environment*
- Improve sleep patterns*
- Feel energized/refreshed*
- Natural anti-inflammatory properties*
- Clear the mind*
- Disinfect the home*
- Improve relaxation*



Essential oils are also nature's original first aid; they can be applied in a variety of ways in almost any situation. You can modify each oil's potency by combining a carrier oil such as grapeseed oil.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any diseases.





Youngevity

Essential Oils

Youngevity delivers only the purest, authentic essential oils from the most respected, and ethical distillers. Many of our oils come directly from families that have been distilling for more than one hundred years. They use steam-distillation or cold pressing with time-honored, non destructive techniques to extract and preserve the integrity of each essence.

- **100% Pure Therapeutic Essential Oils**
- **Member of the National Association for Holistic Aromatherapy (NAHA)**
- **Organic, Wild-Crafted or Ethically Farmed**
- **Produced with the highest standard of quality and safety**
- **Free of additives, extenders or chemicals**
- **Contains no animal products or animal testing**

Essential Oils

- | | | | |
|---------------------------------------|---|--|--|
| <input type="checkbox"/> Basil, Sweet | <input type="checkbox"/> Eucalyptus | <input type="checkbox"/> Lavender, | <input type="checkbox"/> Ravensara |
| <input type="checkbox"/> Bay Laurel | <input type="checkbox"/> Citriodora | <input type="checkbox"/> Maillette | <input type="checkbox"/> Red Mandarin |
| <input type="checkbox"/> Bergamot | <input type="checkbox"/> Eucalyptus | <input type="checkbox"/> Lemon | <input type="checkbox"/> Rose 10% |
| <input type="checkbox"/> Birch, Sweet | <input type="checkbox"/> Globulus | <input type="checkbox"/> Lemongrass | <input type="checkbox"/> Rose Geranium |
| <input type="checkbox"/> Black Pepper | <input type="checkbox"/> Eucalyptus | <input type="checkbox"/> Marjoram, | <input type="checkbox"/> Rosemary Ct. |
| <input type="checkbox"/> Black Spruce | <input type="checkbox"/> Radiata | <input type="checkbox"/> Sweet | <input type="checkbox"/> 1,8 Cineol |
| <input type="checkbox"/> Carrot Seed | <input type="checkbox"/> Fennel | <input type="checkbox"/> Myrrh | <input type="checkbox"/> Sandalwood |
| <input type="checkbox"/> Cedarwood | <input type="checkbox"/> Fir, Balsam | <input type="checkbox"/> Neroli 10% | <input type="checkbox"/> Spearmint |
| <input type="checkbox"/> Cinnamon | <input type="checkbox"/> Frankincense | <input type="checkbox"/> Niaouli | <input type="checkbox"/> Tea Tree |
| <input type="checkbox"/> Clary Sage | <input type="checkbox"/> Ginger | <input type="checkbox"/> Orange, Sweet | <input type="checkbox"/> Thyme Thymol |
| <input type="checkbox"/> Clove Bud | <input type="checkbox"/> Grapefruit, Pink | <input type="checkbox"/> Palmarosa | <input type="checkbox"/> Ylang Ylang |
| <input type="checkbox"/> Coriander | <input type="checkbox"/> Green | <input type="checkbox"/> Patchouli | |
| <input type="checkbox"/> Cypress | <input type="checkbox"/> Mandarin | <input type="checkbox"/> Peppermint | |
| | <input type="checkbox"/> Juniper Berry | | |



Special Blends

- | | |
|--|---|
| <input type="checkbox"/> 1st Defense™ | <input type="checkbox"/> Oregano & Lavender 30% |
| <input type="checkbox"/> All Heart™ | <input type="checkbox"/> Organ Master™ |
| <input type="checkbox"/> Awareness™ | <input type="checkbox"/> Perfect Fit™ |
| <input type="checkbox"/> Balance of Life™ | <input type="checkbox"/> Physical Care™ |
| <input type="checkbox"/> Breath of Life™ | <input type="checkbox"/> Prosperity™ |
| <input type="checkbox"/> Comfort Touch™ | <input type="checkbox"/> Relief™ |
| <input type="checkbox"/> Deep Cleanser™ | <input type="checkbox"/> Rose 10% |
| <input type="checkbox"/> Dill Blend | <input type="checkbox"/> Sacred Place™ |
| <input type="checkbox"/> Dragon's Breath™ | <input type="checkbox"/> Sweet Soothe™ |
| <input type="checkbox"/> Earth Scent™ | <input type="checkbox"/> To Be At Peace™ |
| <input type="checkbox"/> Frankincense & Lavender | <input type="checkbox"/> To Be Happy™ |
| <input type="checkbox"/> GI Purify™ | <input type="checkbox"/> To Be Loved™ |
| <input type="checkbox"/> Heaven Scent™ | <input type="checkbox"/> To Be Well™ |
| <input type="checkbox"/> Jasmine 10% | <input type="checkbox"/> Trauma™ |
| <input type="checkbox"/> Kidney Health™ | <input type="checkbox"/> XY Blend™ |
| <input type="checkbox"/> Lavender, Chamomile | <input type="checkbox"/> Y-23 Immune™ |
| <input type="checkbox"/> Neroli 10% | |

How to use essential oils

While massaging or diffusing are the most common methods of using oils, there are many other popular application options.

Bath: combine oils with Dead Sea Salts

Disinfect & Clean: most oils create an environment unfriendly to germs and bacteria

Direct Application: oils quickly penetrate and deliver benefits when applied onto the skin

To discover more uses, see Youngevity's The Essential Results Now Kit booklet.

Why apply to the feet? The feet contain one of the highest concentration of pores in the entire body. These pores provide fast absorption and delivery throughout your body.



Starting a Youngevity Essential Oils Basic First Aid Kit

Every type of essential oil carries its own unique benefits, and having them on-hand is the best way to extend those benefits to your family. Our Basic First Aid Kit includes some of our most popular and versatile oils to help you get started.



Peppermint

Peppermint is refreshing, cooling, uplifting, restoring and has a variety of beneficial uses. It is used extensively to support the body's digestive and respiratory systems. It is also a flavoring agent in gums, candy, ice cream, and pastries. Peppermint is very refreshing, with a comforting scent that soothes both mentally and physically.*



Tea Tree

Tea Tree contains properties that help temporarily relieve minor itching and burning. Combined with a carrier oil, it can be applied topically to help soothe and support the skin. Tea Tree is also penetrating and aromatic, and serves as a natural solvent and an antiseptic.*



To Be Well™

To Be Well™ is a proprietary blend of oils that support both the immune and respiratory systems.* *Contains Eucalyptus Radiata, Lemon, Ravensara, Tea Tree, and Thyme Linalool.*



Lavender, Maillette

Lavender has long been used in skin and hair care, as well as in medicine. One of the unique characteristics of lavender is that it is not just energizing or relaxing, but balancing. The scent rejuvenates and invigorates a tired person and can relax, soothe, and calm someone who is stressed or tense. Lavender is both cleansing and calming, and it is excellent for supporting respiratory, skin, immune, muscular, and glandular systems.*



Grapeseed Carrier Oil

Grapeseed Carrier Oil is odorless and therefore an excellent carrier or blending oil for aromatherapy. Using a carrier oil allows you to modify and extend an essential oil's potency. Grapeseed Carrier Oil is rich in nutrients, including Vitamin E and Omega-3 essential fatty acids.

The Aroma Share Club

Add to your kit each month!

The Youngevity Aroma Share Club provides you all the benefits of aromatherapy in an easy, economical package. Each month you'll receive a collection of essential oils, recipes and informative cards shipped free to your house, all for just \$50. It is a simple way for you to build your family's essential oil collection.

2015 COLLECTIONS:

Nov: Gratitude Attitude *Heaven Scent™, Prosperity™, Orange-Sweet*

Dec: Sweets for the Sweet *Sweet Soothe™, Cinnamon, Frankincense*

2016 COLLECTIONS:

Jan: Muscle Up *Carrot Seed, Rosemary, Additional Sample*

Feb: How Dear to My Heart *Ylang Ylang, Rose 10%, Additional Sample*

Mar: Smooth Moves *Red Mandarin, Lavender-Chamomile, Additional Sample*

Apr: Feeling the Love *Neroli 10%, Lavender-Mailette, Additional Sample*

May: Open Air *Ravensara, Ginger, Eucalyptus Globulus*

June: Happy Life *Heaven Scent™, Basil-Sweet, To Be Happy™*

July: Them Bones, Them Bones *Lemongrass, Birch, Black Spruce*

Aug: More Than Skin Deep *Rose Geranium, Frankincense & Lavender, Additional Sample*

Sep: Clean Flush *Kidney Health™, Black Pepper, Lemon*

Oct: Cycles of Life *Sandalwood, XY Blend™, Additional Sample*

Nov: Levels on the Rise *Dill Blend, Clary Sage, Fennel*

Dec: A Drop a Day *Bay Laurel, Y-23 Immune™, Additional Sample*

EVERY MONTH!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	
9	10	11	12	13	
16	17	18	19	20	
23	24	25	26	27	
30	31				



The Essential Results Now Kit

This kit combines 7 of our most potent essential oils to provide quick, temporary relief for physical pain or discomfort.* These oils are known for their soothing and pain-reducing properties. The Kit also includes an informative booklet which explains when and how to apply the oils. *The Essential Results Now Kit includes: To Be At Peace™, Birch-Sweet, Ravensara, Marjoram-Sweet, Lemongrass, Cypress, Rose Geranium.*



Additional Products



Ultimate™ CM Cream™

Ultimate™ CM Cream™ provides temporary relief of minor aches and pains of muscles and joints.*



Dead Sea Bath Salts

Dead Sea Bath Salts are an effective way to help you relax, relieve muscle tension, or to simply enjoy a rejuvenating experience.



Plant Derived Minerals™

Our bodies need a steady stream of minerals, many in trace amounts, to function properly. Plant Derived Minerals™ are liquid concentrates containing up to 77 minerals from prehistoric plants in their unaltered colloidal form. Certified Gluten-Free.

*These statements have not been evaluated by the Food and Drug Administration. This is not intended to diagnose, treat, cure or prevent any diseases.

Prosperity

Are You Next?

There's nothing quite like feeling confident about your financial future. Youngevity's business opportunity helps people everywhere create additional income streams while embracing natural health care and enhanced lifestyles. No other company offers a more comprehensive or exciting compensation.

Getting Started with Youngevity Essential Oils

Congratulations on your decision to transform your household using natural essential oils!

STEP 1: Choose your account

☐

Preferred Customer
FREE

Save 30% on all your orders

☐

Independent Distributor \$25

Allows you to earn referral cash and free products when you share your success. \$25 fee waived with purchase of a CEO Mega Pak™.

STEP 2: Choose your products

Enjoy **FREE** shipping on products added to a monthly Autoship!

PURCHASE or **AUTOSHIP**

☐☐

Healthy Body Start Pak™ 2.0 \$125

Includes Beyond Tangy Tangerine™ 2.0, EFA Plus™ (90 soft gels), and Beyond Osteo-fx™ powder.

GET YOURS FREE!

By inviting three other people to join you in your healthy transformation, you can receive your next month's Healthy Body Pak™ for FREE!

1) _____ 2) _____ 3) _____

☐☐

Basic First Aid Oils Kit \$99.95

Includes Peppermint, Tea Tree, Lavender-Maillette, To Be Well™, and Grapeseed Carrier Oil.

☐☐

Aroma Share Club \$50

Expand to your essential oil collection with convenient monthly shipments at a great value. Includes FREE shipping.

☐☐

The Essential Results Now Kit \$175

Includes To Be At Peace™, Birch-Sweet, Ravensara, Marjoram-Sweet, Lemongrass, Cypress, Rose Geranium and instructional booklet.

☐☐

Essential Oils CEO Mega Pak™ \$499.99 BEST VALUE!

Includes The Essential Results Now Kit, a large variety of individual oils, specially-crafted blends, an essential oil carrying case and sets up an autoship of a Healthy Body Start Pak™.

☐☐

_____ (other item)

☐☐

_____ (other item)

Youngevity®