



**AROMA SHARE CLUB 2024** 

# A YEAR FOR YOU

Prioritize emotional wellness and mental health this year with a little help from our specialized essential oil blends. Each month includes a new focus and an accompanying bundle of essential oils to help guide you on your journey.

#### JOIN THE CLUB BY ENROLLING IN THE AROMA SHARE CLUB, YOU'LL:

- Enjoy a selection of Youngevity Essential Oils (2-4 bottles)
- Join a community of aromatherapy distributors/members
- Have access to recipes and other blending techniques
- Add to your monthly autoship order for convenient monthly delivery, plus free shipping if your order total is over \$99.00

TO ENROLL, VISIT YOUNGEVITY.COM OR YOUR DISTRIBUTOR'S PERSONAL WEBSITE.



# JANUARY: START FRESH - INHALE A NEW YOU

Ring in the new year with these refreshing aromas, new goals, and a healthier routine



#### Lavender Maillette Essential Oil - 10ml

For children and adults alike, this is a sweet, nurturing, and calming oil that may help



#### Bay Laurel Essential Oil - 10ml

This oil may help support a healthy exocrine system, as well as a healthy nervous system.\*



#### Clary Sage Essential Oil - 10ml

Clary Sage Essential Oil may help support healthy reproductive, nervous, and integumentary (skin) systems.

# FEBRUARY: HONOR YOURSELF

Take some time to sit with yourself and honor your unique spirit this month with an abundance of self-love.



#### Ginger Essential Oil - 10ml

Widely used to support a healthy digestive system, it may also help support



#### Frankincense Essential Oil - 5ml

This oil may provide physical and emotional support. May help support a healthy respiratory system, skin, and immune system.\*



#### Thyme Ct. Linalool Essential Oil - 10ml

Being a mild oil, it can be beneficial for children, the elderly, and may help support the respiratory system.\*

# MARCH: LET GO - SURRENDER AND RELEASE

Cleanse your environment for a new season and let go of what no longer serves you.



#### Spearmint Essential Oil - 10ml

Spearmint may help support a healthy digestive system.\*



### Lavender Chamomile Essential Oil Blend - 10ml

For children and adults alike, these are sweet, nurturing, and calming oils that may help maintain mental and skin health.\*



#### Deep Cleanser $^{\text{\tiny TM}}$ Essential Oil Blend - 10ml

The Deep Cleanser blend may help support a healthy respiratory system.\*

# APRIL: FOLLOW YOUR JOY

Let these essential oils inspire you to get out into nature and do what calls to your soul.



#### Grapefruit, Pink Essential Oil - 10ml

Rich in essential fatty acids, as well as vitamins C and E. This odorless, highly moisturizing oil may help support kidney health and healthy skin.\*



# To Be Happy<sup>™</sup> Essential Oil Blend - 10ml

To Be Happy may help support a healthy nervous system.\*



#### Lemon Essential Oil Blend - 10ml

Known for its fresh, cleansing properties, Lemon may also help support a healthy exocrine system.

### MAY: FIND THE BALANCE

These scents are designed to help you foster a safe space and find balance during the busy spring season.



Rose Geranium Essential Oil - 10ml Its sweet, rosy smell may help energize and awaken the brain.\*



Eucalyptus Globulus Essential Oil - 10ml Known for its antibacterial properties, Eucalyptus Globulus may help support the respiratory system '



Patchouli Essential Oil - 10ml

This diverse essential oil has a wide range of uses and may help maintain skin health.\*

# JUNE: CELEBRATE YOUR PROGRESS

Celebrate your progress, new beginnings, and other accomplishments with these invigorating aromas.



Peppermint Essential Oil - 10ml

Peppermint may help support a healthy digestive system, as well as a healthy nervous system.\*



Neroli 10% Essential Oil Blend - 5ml

Neroli is similar to its Tea Tree cousin. It's known for a wide-range of uses, and may help support the respiratory system.\*



Black Spruce Essential Oil - 10ml Black Spruce may help support a healthy nervous system.\*

# JULY: PUSH YOURSFLE

Summer is a time of expansion and growth. Encourage yourself to push beyond your comfort zone and embrace your inner adventurer.



Eucalyptus Radiata Essential Oil - 10ml

Milder than other eucalyptus oils, it is an excellent choice for use with children. It may help support a healthy immune system.\*



Carrot Seed Essential Oil - 10ml

This oil may help support a healthy integumentary (skin) system, as well as the endocrine system.\*



Relief<sup>™</sup> Essential Oil Blend - 10ml

This blend combines eight essential oils that may help support healthy muscular and skeletal systems.\*

# AUGUST: SHINE BRIGHT - SHARE YOUR LIGHT

Let the warmth of the spotlight shine all around you! This is a time to be seen, create, and make moves with confidence.



Basil, Sweet Essential Oil - 10ml May help support a healthy nervous system.\*



Lemongrass Essential Oil - 10ml

The light, fresh scent makes Lemongrass popular to diffuse and mist.\*



Cinnamon Essential Oil - 5ml

Cinnamon may help support a healthy circulatory and cardiovascular system.\*

## SEPTEMBER: SET HEALTHY BOUNDARIES

Confront new challenges with renewed energy and patience. Learn to forgive yourself for making mistakes.



Trauma™ Essential Oil Blend - 10ml

A blend known for its soothing properties, it may help support muscular



Rose 10% Essential Oil Blend - 5ml

This aromatic oil has been used for hundreds of years for its attractive scent and may help maintain a healthy nervous system.



Orange, Sweet Essential Oil - 10ml

The scent of Orange, Sweet may help support a healthy nervous system.\*

# OCTORFR: SLOW DOWN - TAKE A RREATH

Take a break from your busy schedule to inhale relaxation with these soothing scents. Get back in touch with the things that bring you peace.



Bergamot Essential Oil - 10ml

It carries a light citrus scent that may help support a healthy nervous system.\*



Good Night™ Essential Oil Blend - 10ml

This blend is formulated with the Earth Scent<sup>™</sup> Essential Oil Blend and other soothing essential oils that, when combined, may help support sleep.\*



Comfort Touch™ Essential Oil Blend - 10ml

This blend of rosemary, lavender, and other oils may help support a healthy exocrine system.

# NOVEMBER: EMBRACE COMMUNITY

Find the courage to open up to your community. These scents encourage you to spread kindness and make space for what truly matters.



Ylang Ylang Essential Oil - 10ml

With a wide range of properties, this oil may help support healthy nervous, circulatory, and reproductive systems.\*



Heaven Scent<sup>™</sup> Essential Oil Blend - 10ml

This blend combines bergamot, ylang ylang, and other oils that may help support a healthy nervous system.



Red Mandarin Essential Oil - 10ml

With its sweet aroma, Red Mandarin is a favorite among parents of young children, as it tends to have a calming effect.

# DECEMBER: REFLECT

Between your holiday gatherings, make some time to reflect on everything you've experienced this year and plan out your next chapter.



Eucalyptus Citriodora Essential Oil - 10ml This essential oil may help support a healthy digestive system as well as

a healthy nervous system.\*

Christmas Tree™ Essential Oil Blend - 5ml Christmas Tree may help support a healthy nervous system.\*



Palmarosa Essential Oil - 10ml

Palmarosa has many properties that are similar to Tea Tree, yet with a slight rose aroma. It tends to be gentler on the skin.\*