



YOUNGEVITY.  
ESSENTIAL OILS

AROMA SHARE CLUB 2023

## REFRESH YOUR ROUTINE

Reset each month using Youngevity's essential oils. Each essential oil and blend were selected to help you focus on specific areas of wellness.



### JOIN THE CLUB

BY ENROLLING IN THE AROMA SHARE CLUB, YOU'LL:

- Enjoy a selection of Youngevity Essential Oils (2-4 bottles)
- Join a community of aromatherapy distributors/members
- Have access to recipes and other blending techniques
- Add to your monthly autoship order for convenient monthly delivery plus free shipping if your order total is over \$160 NZD

TO ENROLL, PLEASE VISIT [YOUNGEVITY.COM](https://youngevity.com) OR YOUR DISTRIBUTOR'S PERSONAL WEBSITE.

### JANUARY – NEW YEAR - NEW INTENTIONS

Be intentional and create plan for how you want 2023 to unfold with the help of refreshing essential oils.



#### *To Be Well™ - 10ml Essential Oil Blend*

A stimulating blend of essential oils that may help support a healthy immune system.\*



#### *Coriander - 10ml Essential Oil*

This refreshing essential oil has historically been used to promote a healthy appetite with its unique flavor. It may also help support a healthy circulatory and lymphatic system.



#### *Frankincense - 10ml Essential Oil*

It is excellent for physical support. A few qualities include, supporting a healthy respiratory system, integumentary system (skin), and immune system.\*

### FEBRUARY – LOVE YOURSELF

We have more love to give to others when we love ourselves first.



#### *Breath of Life™ - 10ml Essential Oil Blend*

Breath of Life™ may help support a healthy respiratory system and may also support a healthy circulatory system.\*



#### *Rosemary Ct. 1, 8 Cineol - 10ml Essential Oil*

The strong, fresh scent of rosemary may support a healthy respiratory, immune, and musculoskeletal system.\*



#### *Sacred Place™ - 10ml Essential Oil Blend*

This blend was formulated to be diffused or misted and may help support a healthy nervous system.\*

### MARCH – THE "LUCK" OF GOOD HEALTH

If you want to increase your chances for feeling good, inhale refreshing aromas throughout the day.



#### *Clary Sage - 10ml Essential Oil*

Clary Sage Essential Oil may help support healthy reproductive, nervous, and integumentary (skin) systems.\*



#### *Trauma™ - 10ml Essential Oil Blend*

A blend known for its refreshing properties, it may support healthy musculoskeletal system.\*



#### *To Be At Peace™ - 10ml Essential Oil Blend*

To Be At Peace™ may help promote peace and support many systems in the body including a healthy nervous, musculoskeletal, and endocrine system.\*

### APRIL – SHOWERS OF SCENT

Wrap up winter with a good, refreshing rain of stimulating aromas.



#### *Peppermint - 10ml Essential Oil*

Peppermint may help support a healthy digestive system as well as a healthy nervous system.\*



#### *GI Purify™ - 10ml Essential Oil Blend*

This powerful blend of essential oils may help support a healthy digestive system.



#### *Rose - 10ml Essential Oil*

This aromatic oil has been used for hundreds of years for its attractive scent and may help maintain a healthy nervous system.\*

### MAY – YES WE MAY

MAY we help you usher in a new season? Reset your days with fresh, invigorating scents!



#### *Organ Master™ - 10ml Essential Oil Blend*

Organ Master™ is a blend specifically designed to provide complete, overall support to a healthy organ system.\*



#### *Lemongrass - 10ml Essential Oil*

The light, fresh scent makes Lemongrass popular to diffuse and mist.\*



#### *Lavender, Maillette - 10ml Essential Oil*

This sweet and nurturing oil may help maintain a healthy integumentary system (skin) and may provide soothing benefits.\*



## JUNE – RELAX AND UNWIND

Use summer aromas for vacations, relaxation and unwinding.



### *Ylang Ylang* - 10ml Essential Oil

With a wide range of properties, this oil may help support healthy nervous, circulatory, and reproductive systems.\*



### *Grapefruit, Pink* - 10ml Essential Oil

Rich in essential fatty acids and Vitamins C and E, it's an odorless, highly moisturizing oil to support a healthy urinary system as well as healthy skin.\*



### *Earth Scent*™ - 10ml Essential Oil Blend

It works best at the end of the day to support a relaxing atmosphere and may provide soothing benefits for your evening routines.\*

## JULY – LONGER DAYS = MORE SUN AND FUN

Support your overall health and make the most of the golden days of summer!



### *To Be Happy*™ - 10ml Essential Oil Blend

To Be Happy™ may help support a healthy nervous system.\*



### *Red Mandarin* - 10ml Essential Oil

With its sweet aroma, Red Mandarin is a favorite as it tends to have a soothing effect.



### *Good Night*™ - 10ml Essential Oil Blend

This blend is formulated with the Earth Scent™ Essential Oil Blend and other powerful essential oils that, when combined, may support healthy rest.\*

## AUGUST – EMBRACE THE CHANGES

As routines change, take time to focus on your purpose and be calm.



### *Patchouli* - 10ml Essential Oil

Aside from being a favorite invigorating essential oil, it has a wide range of uses and may help support a healthy integumentary system (skin).\*



### *Physical Care*™ - 10ml Essential Oil Blend

This may help to support a healthy musculoskeletal system.\*



### *Prosperity*™ - 10ml Essential Oil Blend

With invigorating aromas, Prosperity™ may help support a healthy nervous system.\*

## SEPTEMBER – HEADING TOWARDS THE FINISH

Take time to decide how you want the rest of the year to go and use these essential oils for inspiration.



### *Deep Cleanser*™ - 10ml Essential Oil Blend

The Deep Cleanser™ blend may help support a healthy respiratory system.\*



### *Lemon* - 10ml Essential Oil

Known for its fresh, cleansing properties, Lemon may also help support a healthy exocrine system.\*



### *Marjoram, Sweet* - 10ml Essential Oil

It supports many healthy systems in the body including musculoskeletal system, respiratory, and provides refreshing scents.

## OCTOBER – WARM UP TO FALL

The transition to fall is a big change. Support your environment with invigorating aromas.



### *Eucalyptus Globulus* - 10ml Essential Oil

Known for its antibacterial properties, it may help support a healthy respiratory system.\*



### *XY Blend*™ - 10ml Essential Oil Blend

This blend may help support a healthy endocrine system.



### *Bergamot* - 10ml Essential Oil

It carries a light citrus scent that may help support a healthy nervous system.\*

## NOVEMBER – THANKFUL THOUGHTS

With so much to be thankful for, pair your gratitude with essential oils that may help support peace in your environment.



### *Black Spruce* - 10ml Essential Oil

Black Spruce may help support a healthy nervous system.\*



### *Orange, Sweet* - 10ml Essential Oil

The scent of Orange, Sweet may help support a healthy nervous system.\*



### *Lavender & Chamomille*™ - 10ml Essential Oil

This sweet and nurturing oil may help maintain healthy integumentary system (skin), and may provide other benefits.\*

## DECEMBER – WINTER WELLNESS

End 2023 with purpose and good health.



### *1st Defense*™ - 10ml Essential Oil Blend

This is a safe (non-toxic) oil blend that may help support a healthy immune system.\*



### *Thyme ct. Linalool* - 10ml Essential Oil

Being a mild oil, it can be used by all and may support a healthy respiratory system.\*



### *Neroli* - 10ml Essential Oil

Niaouli is similar to its Tea Tree cousin. It's known for a wide-range of uses, but mainly used to support a healthy respiratory system.\*