

# GIVE BACK *get active*

AUGUST 25  SAN DIEGO

Learn more at [YOUNGEVITYCONVENTION.COM/5K](http://YOUNGEVITYCONVENTION.COM/5K)

## GIVE BACK, GET ACTIVE!

It only takes 3.1 miles to make a difference.

Join us in making a difference in San Diego! Take part in the Be The Change 5K to run or walk for change. 100% of net proceeds will benefit three nationally-recognized charities: Make-A-Wish® San Diego, Caterina's Club, and the Gary Sinise Foundation.

### RACE FEATURES

- Give back opportunities onsite!
- DJ, music and more!
- Run along the scenic Bayfront boardwalk & Seaport Village
- Age category awards
- Freebies & giveaways
- Fun wellness fair
- Exclusive 5K merch
- Chip timing



BE THE CHANGE  
5K T-SHIRT

REBOUND FX™ ON-THE-GO  
POUCH AT FINISH LINE

CUSTOM  
RACE BIB

### HAVE QUESTIONS ABOUT THE 5K? CONTACT ME FOR MORE INFO!

Join the team listed below when you register for the 5K.

TEAM LEADER: \_\_\_\_\_

PHONE: \_\_\_\_\_

TEAM NAME: \_\_\_\_\_



#### WHAT

Be The Change 5K



#### WHEN

August 25, 2018  
@ 8:00am



#### WHERE

San Diego  
Bayfront Park

#### PROCEEDS BENEFIT



GARY SINISE  
\* FOUNDATION \*  
SERVING HONOR AND NEED™



### CAN'T MAKE IT TO THE RUN? *No problem!*

Set up a fundraising page and make a difference in someone's life today:

[HTTPS://STG-EVENTS.HAKUAPP.COM/BE-THE-CHANGE-5K](https://STG-EVENTS.HAKUAPP.COM/BE-THE-CHANGE-5K)