GIVE BACK, GET ACTIVE!
It only takes 3.1 miles to make a difference.

Join us in making a difference in San Diego! Take part in the Be The Change 5K to run or walk for change. 100% of net proceeds will benefit three nationally-recognized charities: Make-A-Wish® San Diego, Caterina's Club, and the Gary Sinise Foundation.

RACE FEATURES
- Give back opportunities onsite!
- Age category awards
- Exclusive 5K merch
- DJ, music and more!
- Freebies & giveaways
- Chip timing
- Run along the scenic Bayfront boardwalk & Seaport Village
- Fun wellness fair

HAVE QUESTIONS ABOUT THE 5K? CONTACT ME FOR MORE INFO!
Join the team listed below when you register for the 5K.

TEAM LEADER: __________________________________________
PHONE: ________________________________________________
TEAM NAME: __________________________________________

CAN’T MAKE IT TO THE RUN? No problem!
Set up a fundraising page and make a difference in someone’s life today:
HTTPS://STG-EVENTS.HAKUAPP.COM/BE-THE-CHANGE-5K