

# CARDIOBEETS™

ENDURANCE, CIRCULATION & PERFORMANCE

## WHAT'S THE CARDIOBEETS HYPE ABOUT?

CardioBeets™ is a proprietary and standardized blend of red beets, cherry and mango powder, VitaKelp™ whole food mineral blend, and amino acids. This incredible blend was formulated to optimize the body's production of nitric oxide and support healthy blood flow, circulation and oxygen transport.†

## BOOST YOUR CARDIOVASCULAR SYSTEM!

By promoting the production of nitric oxide, CardioBeets may help to optimize endurance and performance during physical activity. In a study conducted amongst cyclists, consuming beetroot juice 2.5 hours before exercise was shown to improve power output which resulted in improved time trials.<sup>1</sup> CardioBeets not only includes nutrient-rich red beets, but it also contains a blend of synergizing ingredients that help support the production of nitric oxide and cardiovascular health.†

## FEATURES HIGH-QUALITY INGREDIENTS & BENEFITS:

- Nitrate-rich Raw Red Beets
- Antioxidant-rich Cherry Powder
- Mineral-rich VitaKelp™
- Careflow™ Mango Fruit Powder
- Amino Acids (L-Arginine & L-Citrulline)
- Only 25 Calories

## TARGETED NUTRIENT SUPPORT



**Red Beet Powder** - packed with nutrients, beets help support the production of nitric oxide, helping to improve blood flow and circulation and optimize oxygen transport.†



**Cherry Powder** - rich in flavonoids, cherries may help the body combat the damage caused by free radicals and helps to support a healthy cardiovascular system.†



**Careflow™ Mango Fruit Powder** - a high-quality, natural ingredient that has been shown to support improved blood flow and support optimal nitric oxide function.<sup>2</sup> It may help athletic performance by supporting oxygen supply and endurance.†



**VitaKelp™** - a mineral-rich superfood. It is a natural source of bioavailable iodine which is essential for energy metabolism and many other health functions.†



**L-Arginine & L-Citrulline** - when combined, these two amino acids help boost nitric oxide production and blood flow & circulation. The combination also supports healthy blood pressure and helps the body remove byproducts of exercise, which may help improve recovery.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Sly Brad. "Endurance Athletes: Beetroot Can Improve Your Performance." Breaking Muscle. <https://breakingmuscle.com/fuel/endurance-athletes-beetroot-can-improve-your-performance>

Gerstgrasser A et al. In vitro activation of eNOS by Magnifera indica (CareFlow™) and determination of an effective dosage in randomized, double-blind, human pilot study on microcirculation.



## Supplement Facts

Serving Size: 1 scoop (6.5 g)  
Servings Per Container: 30

	Amount per Serving	%DV*
<b>Calories</b>	25	
<b>Total Carbohydrate</b>	5 g	2%*
Sugars	2 g	**
<b>Sodium</b>	10 mg	<1%
<b>CardioBeets™ Proprietary Blend</b>	5.44 g	**
Beet Juice Powder, Cherry Powder, VitaKelp™ ( <i>Ascophyllum nodosum</i> ), L-Arginine, L-Citrulline DL Malate (2:1).		
<b>Careflow™ Mango Fruit Powder</b>	100 mg	**

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

**OTHER INGREDIENTS:** Non-GMO Maltodextrin, Natural Flavors, Malic Acid, Rebaudioside A (from *Stevia rebaudiana* Leaf),