

# YGY Activate™ GLP-1 Boost

#USYG70001

Did you know that increasing your GLP-1 – a hormone that naturally suppresses appetite and regulates blood sugar – can help you better manage cravings and boost your energy? Activate and maintain your body’s natural production of GLP-1 with YGY Activate™! This patented formula delivers three key nutrients(L-arginine, resveratrol, and tart cherry) that have been clinically researched to enhance GLP-1 production and support a healthy metabolism.\* Support your weight management goals with this convenient, on-the-go supplement!

For best results, we recommend using the YGY GLP 30 Day System, which includes YGY Activate™ and two other amazing nutritional support blends.

## WHO IT'S FOR:

Anyone seeking a clinically researched weight management support solution.

## WHAT IT DOES:

Delivers GLP-1 boosting nutrition, plus additional supporting nutrients.

## WHAT SETS THIS PRODUCT APART?

- Provides clinically researched doses of L-arginine, resveratrol, and tart cherry
- Ingredients also provide antioxidant effects\*
- Nutrients synergize to increase GLP-1 activity and duration\*
- Delicious, natural tropical flavor
- Convenient packets for nutrition on the go!
- No artificial ingredients, colors, or flavors – we only give you what you need



### Sources\*

- 1 L-Arginine Increases Postprandial Circulating GLP-1 and PYY Levels in Humans, 2018
- 2 Therapeutic Benefits of L-Arginine: An Umbrella Review of Meta-analyses, 2016
- 3 Wheat Biscuits Enriched with Plant-Based Protein Contribute to Weight Loss and Beneficial Metabolic Effects in Subjects with Overweight/Obesity, 2022
- 4 Beneficial effects of a long-term oral L-arginine treatment added to a hypocaloric diet and exercise training program in obese, insulin-resistant type 2 diabetic patients, 2006
- 5 Properties of Resveratrol: In Vitro and In Vivo Studies about Metabolism, Bioavailability, and Biological Effects in Animal Models and Humans, 2015
- 6 Influence of Resveratrol on the Immune Response, 2019
- 7 Investigation of Mammal Arginase Inhibitory Properties of Natural Ubiquitous Polyphenols by Using an Optimized Colorimetric Microplate Assay, 2017
- 8 Natural phenolic compounds potentiate hypoglycemia via inhibition of Dipeptidyl peptidase IV, 2019
- 9 Tart Cherry Extract Containing Chlorogenic Acid, Quercetin, and Kaempferol Inhibits the Mitochondrial Apoptotic Cell Death Elicited by Airborne PM10 in Human Epidermal Keratinocytes, 2021
- 10 Oxidative species increase arginase activity in endothelial cells through the RhoA/Rho kinase pathway, 2012
- 11 Cysteine-iron promotes arginase activity by driving the Fenton reaction, 2008
- 12 Regular tart cherry intake alters abdominal adiposity, adipose gene transcription, and inflammation in obesity-prone rats fed a high fat diet, 2009
- 13 Tart Cherries and health: Current knowledge and need for a better understanding of the fate of phytochemicals in the human gastrointestinal tract, 2017
- 14 Effects of Tart Cherry Juice on Biomarkers of Inflammation and Oxidative Stress in Older Adults, 2019
- 15 GLP-1 Agonists, Cleveland Clinic

Supplement Facts		
Serving Size: 1 Packet (8.4 g)		
Servings Per Container: 20		
	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin C (as ascorbic acid)	50 mg	56%
L-Arginine Base	4500 mg	**
Tart Cherry Powder ( <i>Prunus cerasus</i> )	250 mg	**
Resveratrol ( <i>Polygonum cuspidatum</i> ) Extract	100 mg	**

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily value not established.

**Other Ingredients:** Citric acid, Malic acid, Natural flavors, Stevia leaf extract, Guar gum, Silica, Natural colors (Beta carotene, Beet root).