



GO Foods believes in three principles—Serving, Saving, and Sharing great food with one another. Our message is simple—serve our food daily to save time and money, and share the message of eating clean.

Dr. Wallach's GO Foods brought to you by Youngevity®.

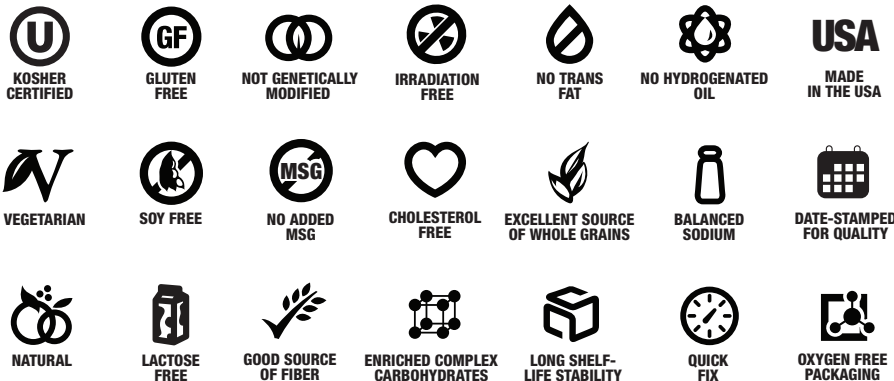
Our products have no Trans Fats, no Hydrogenated Oil, and no added MSG. Our food products are:

- Kosher
- Natural
- Irradiation Free
- Quick-Fix
- Vegetarian
- Non-GMO
- Made in USA
- Date Stamped



The Nutriuniversal Seal of Promise™

In addition to our amazing quality and variety of food, GO Foods has set the gold standard in specific food needs. Wherever you see the **Nutriuniversal™ Good Faith Seal of Promise** or one of the **Nutriuniversal** symbols shown here, you can rest assured our products have met the most stringent guidelines and high quality standards in the food industry.



This quick-view chart contains basic information on our delicious GO Foods products. Please keep in mind that all of our products have complete nutrition facts, ingredients, directions, allergens, and pricing online and on each individual product. If you have additional questions please get back with the person who shared this with you.



Quick-View Food Chart

| | GLUTEN FREE* | SOY FREE* | LACTOSE FREE* | CHOLESTEROL FREE | ENRICHED COMPLEX CARBOHYDRATES | EXCELLENT SOURCE OF WHOLE GRAINS | GOOD SOURCE OF FIBER | BALANCED SODIUM |
|-------------------------------|--------------|-----------|---------------|------------------|--------------------------------|----------------------------------|----------------------|-----------------|
| Tropical Fruit Mix | • | • | • | • | • | • | • | • |
| Tennessee Cornbread Muffins | | • | | • | | | • | • |
| Steve's Whole Wheat Bread | | | • | • | • | • | • | • |
| Southern Buttermilk Biscuits | | | | | | | • | • |
| Babs' Pancakes | | | | • | | | | • |
| Almond Granola | | • | | • | • | • | • | • |
| Natural Oatmeal | • | • | • | • | • | • | • | • |
| Cheddar Broccoli Soup | • | | | | | | • | |
| Chicken Noodle Soup | | | • | • | | | • | |
| Potato Cheddar Soup | • | | | | | | | |
| Southwestern Tortilla Soup | • | | | • | | | • | • |
| Sweet Corn Chowder | • | | | • | | | • | • |
| Western Potato Chowder | • | | | • | | | • | • |
| Au Gratin Potatoes | • | | | | | | • | |
| Beefy Stroganoff w/Mushrooms | | | | • | | | | • |
| Chicken Cheddar Rice | • | | | | | | • | |
| Creamy Tuscan Pasta | | | | • | | | | |
| Hearty Chili | | | | • | | | • | |
| Cornmeal Dumplings | | | | • | | | | • |
| Santa Fe Fiesta Rice | • | • | | | • | | • | |
| Seasoned Mashed Potatoes | • | | | | | | • | |
| Vegetable Beef Stew | | • | • | | | | • | • |
| Wisconsin White Cheddar Pasta | | | | • | • | | • | • |
| 3 Cheese Alfredo Pasta | | | | • | • | | • | |
| Whey Good Milk | • | | | | | | | • |

GO FOODS is nourishing lives everyday

The purpose of our nutritious and affordable product line is to make your life richer with foods that are nutritious, delicious and help create special moments with family and friends.
Bon appétit!

Bakery



Tennessee Cornbread Muffins
Enjoy these scrumptious homestyle muffins for breakfast or anytime.

Bakery



Steve's Whole Wheat Bread
This easy-to-make bread is loaded with flavor, texture, and aroma.

Bakery



Southern Buttermilk Biscuits
These quick-and-easy biscuits are guaranteed to impress.

Breakfast



Babs' Pancakes
Pancakes aren't just for breakfast anymore! You'll love the fluffy goodness!

Breakfast



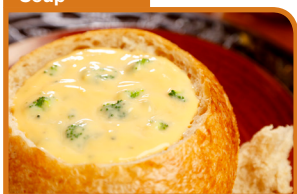
Almond Granola
This all-natural Granola provides 'peace and love' to any meal.

Breakfast



Natural Oatmeal
Shredded apple & a dash of cinnamon make this breakfast perfection.

Soup



Cheddar Broccoli Soup
This hearty soup deserves a blue-ribbon for its mouth-watering taste.

Soup



Chicken Noodle Soup
Everyone's favorite soup will certainly please adults and kids alike.

Soup



Potato Cheddar Soup
This delightful soup is loaded with potatoes, cheese & bacon-flavored

Soup



Southwestern Tortilla Soup
A festive family favorite that is quick-to-fix, flavorful, and very filling.

Soup



Sweet Corn Chowder
This amazing chowder will please even the most discriminating palate.

Soup



Western Potato Chowder
Our creamy, ultra-smooth chowder is the perfect combination of flavors.

Entrée



Au Gratin Potatoes
Bonjour! This cheesy, delicious dish is the perfect entrée or side.

Entrée



Beefy Stroganoff with Mushrooms
This proven family favorite is the perfect comfort food.

Entrée



Chicken Cheddar Rice
Delicious cheesy blend of rice, veggies, and tender chicken-flavored tidbits.

Entrée



Creamy Tuscan Pasta with Sun-dried Tomatoes
As rich & delicious as the country it hails from.

Entrée



Chili with Cornmeal Dumplings
Cheesy cornmeal dumplings in a bowl of sumptuous chili perfection.

Entrée



Santa Fe Fiesta Rice
This delectable, south-of-the-border entrée is hearty and flavorful.

Entrée



Seasoned Mashed Potatoes
This comfort dish provides the perfect complement to your favorite entrée.

Entrée



3 Cheese Alfredo Pasta
Your taste buds will be jumping for joy! Great dish any day of the week.

Entrée



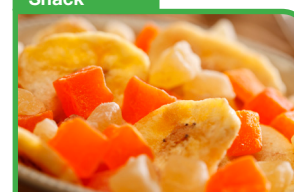
Vegetable Beef Stew
Delicious and healthy ingredients in a rich broth make this the perfect stew.

Entrée



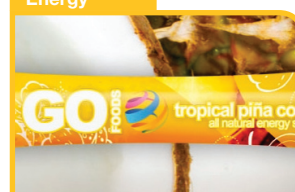
Wisconsin White Cheddar Pasta
Move over mac'n'cheese! This popular dish is packed with flavor.

Snack



Tropical Fruit Mix
A medley of tropical fruit for a delicious, healthy, anytime snack.

Energy



Piña Colada Energy Shooter
Instant, great-tasting, all natural, energy shooter. Rip, tip, and enjoy!

Beverage



Green Tea Orange Passion
Power-packed with flavor, this beverage is full of awesome benefits.

Beverage



Kona Joe Coffee
Rich coffee in seconds with our on-the-go stickpack. Enjoy hot or cold.

Beverage



Whey Good Milk
Delicious, refreshing whey good milk to accompany any meal.