

JUNE OILS OF THE MONTH

"Oils of Eastern Africa"
2017 Collection (#67955)

Scents of Zanzibar Diffuser Blend

Ingredients:

- 5 drops Clove Bud Essential Oil
- 3 drops Niaouli Essential Oil
- 2 drops Ginger Essential Oil (optional)

Directions:

Add the oils in the order above to the water in the reservoir of your Essential Oils Light Up Diffuser. Diffuse for 15-30 minutes every hour. Enjoy the exotic scents of paradise and envision a beautiful sunset over glassy ocean waters.

Albert Rakoto Ratsimamanga Focus Roller Bottle

Ingredients:

- 10 mL roller bottle
- 10 mL Grapeseed Carrier Oil
- 2 drops Man Up™ Essential Oil Blend

Directions:

Add 5 mL of Grapeseed Carrier Oil to the roller bottle, then the essential oil blend. Tightly place your finger on the opening of bottle, shake 50 times, and keep remaining oil on finger. Add remaining carrier oil up to the shoulder of the bottle. Rub the oil from your finger on the roller ball. Twist the ball as you push it into the bottle. Put the lid on the bottle and shake well again. Roll on temples and back of neck, when extra focus is desired.

Hippo Size Oral Pain Oil

Ingredients:

- 1 oz. flip top PET plastic bottle
- 1 oz. Grapeseed Carrier Oil
- 3 drops Clove Bud Essential Oil
- 2 drops Niaouli Essential Oil
- 3 drops Peppermint Essential Oil (optional)

Directions:

In the flip top bottle, add half of the Grapeseed Carrier Oil and the essential oils. Put the lid on tightly, making sure the flip top is shut. Shake well 50 times. Open the bottle and add the remaining carrier oil. Replace the lid. Shake well again 50 times. Apply 1 drop onto a cotton swab and apply where you are being treated for cold sores, cankers, or toothaches.



*Man Up™ Essential Oil Blend: Formulated to address the needs of mature men, this blend contains powerful oils that may provide physical and mental benefits.**

*Clove Bud Essential Oil: This potent essential oil may provide relief from minor aches and pains and should always be used with a carrier oil.**

*Niaouli Essential Oil: A stimulating and uplifting oil, Niaouli may provide antiseptic benefits.**

Madagascar's Secret Face Mask

Ingredients:

- 4 oz. PET plastic jar
- 1 ½ oz. powdered bentonite or green clay
- 1 tbsp. powdered activated charcoal
- 1 oz. Plant Derived Minerals™
- 2 drops Clove Bud Essential Oil
- Pure water

Directions:

In the jar, add the clay and charcoal. Put the lid on and shake well. Add the essential oil, put the lid back on and shake well 50 times. Slowly add the Plant Derived Minerals™ and mix well. Add water slowly until a thin paste is formed. Spread on the face, avoiding eyes. Allow the mixture to dry. Clove oil's antiseptic properties may aid blemishes, and its antioxidants may have a positive effect on problematic or aging skin. Rinse off with warm water, and then apply the African Queen Cucumber Toner.

African Queen Cucumber Toner

Ingredients:

- 4 oz. flip top PET plastic bottle
- ½ organic cucumber with peel, chopped
- 3 tbsp. Plant Derived Minerals™
- 2 tbsp. pure water
- 2 drops Niaouli Essential Oil

Directions:

Put all of the ingredients, except for the essential oil, into a blender and blend until smooth. Pour mixture through a sieve to remove solids. Pour half of mixture into the bottle, then add essential oil. Put lid on, and shake 50 times. Open the bottle and add the remaining liquid, up to the shoulder of the bottle. Replace lid and shake 50 times. Apply a small amount to a cotton ball and sweep gently over your face. Avoid eyes. Store in the refrigerator to extend shelf life. When refrigerated, toner should last several weeks.