**GLUCOGENIX™**

A NUTRITIONAL BREAKTHROUGH IN BLOOD SUGAR MANAGEMENT

Glucogenix™ is an advanced metabolic formula that nutritionally supports the body’s natural ability to regulate blood sugar levels. In addition, it includes soluble fiber, which may help support the production of digestive flora, and may slow down the digestion of carbohydrates and sugars. Therefore, sugar is released slowly into the bloodstream, reducing spikes in blood sugar levels.

**WHY ARE BLOOD SUGAR LEVELS IMPORTANT?**

Your blood sugar, or blood glucose, is the amount of glucose circulating in your blood. Glucose is produced from the breakdown of the macronutrient: carbohydrates. Carbohydrates are found in many different types of foods, from the healthiest, such as spinach, to the unhealthiest, such as cookies. There are differences in types of carbohydrates, those found in healthy foods are called complex carbohydrates, and those that are not so healthy are called simple carbohydrates. However, the breakdown of both of these forms is still glucose.

Glucose is used in three main ways. It can be used as energy, stored in the liver and muscle cells, and can be converted into triglycerides, which are then stored in fat cells. The hormone that regulates the transport of glucose into these pathways is insulin.

Here’s how it works: As you eat carbohydrates, they are broken down into their individual units of glucose. Once glucose enters the bloodstream, insulin is released from the pancreas to help transport glucose to either a storage center or an activity/energy center.

The problem begins when there is too much glucose (high blood sugar levels) in the blood and not enough energy, or activity pathways, to send it to. To keep up with the high levels of glucose, the pancreas begins to pump out excessive amounts of insulin. Overwhelmed by the amount of glucose and not having enough energy pathways to put the glucose in, insulin locks the excessive amount of glucose into fat cells, muscle cells and the liver. However, there is limited space in muscle and liver cells, therefore most of the glucose gets stored into fat cells. As these fat cells begin to multiply, as a result of excessive sugar consumption, they begin to emit toxicity in the body that may cause conditions such as chronic inflammation, hormone disruption, and immune system suppression. These issues may leave you vulnerable to elements such as pollutants, bacteria, and viruses.

**HEALTH EFFECTS OF GLUCOSE METABOLISM**

**NORMAL BLOOD GLUCOSE METABOLISM**

- **Stomach**
- **Insulin**
- **Pancreas**
- **Liver**
- **Muscle**

**COMPROMISED BLOOD GLUCOSE METABOLISM**

- **Stomach**
- **Insulin**
- **Pancreas**
- **Liver**
- **Muscle**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult your healthcare provider before use if you are pregnant or nursing, hypoglycemic, diabetic or taking prescription medications, especially medications that affect blood sugar levels.*

### Supplement Facts

- **Serving Size**: 2 Tablets
- **Servings per Container**: 30
- **Amount per Serving**: 50 mg, 100 mg, 50 mg, 150 mg, 15 mg, 200 mg

- **Chromium (as铬盐)**: 60 mg (60%
- **FerroGuard™ Iron (as硫酸铁)**: 200 mg
- **Glucolate™ Banaba Leaf Extract**: 100 mg
- **Green Tea Leaf Extract**: 100 mg
- **Rose Hips (玫瑰果)**: 50 mg
- **Arginine**: 100 mg
- **Alfalfa Lignosil**: 15 mg
- **Gynemic Sylvestre Leaf**: 30 mg
- **Phoasatol Plant and Marine**: 15 mg
- **Mineral Complex**: 1 mg
- **Bitter Melon (苦瓜)**: 10 mg
- **Inositol**: 200 mg

*Daily Value (DV) not established.
5 See product box for details.

**OTHER INGREDIENTS**: Microcrystalline cellulose, vegetable cellulose, stearic acid, magnesium stearate, silica and pharmaceutical glue.
SPECIFIC NUTRIENT BENEFITS OF GLUCOGENIX™:

Glucogenix™ combines scientific research with high-quality nutrients to deliver a cutting-edge blood sugar management formula. The unique combination of botanicals, minerals and antioxidants found in Glucogenix™ may help to manage dietary sugars through multiple biological mechanisms that help the body break down glucose for energy production.¹

CHROMIUM – An essential trace mineral that may: improve blood sugar utilization, decrease insulin requirements and support fat metabolism.¹

INNUGUARD™ – Great source of soluble fiber that may: support digestive flora in the intestines, help to increase the flow of bile, help to break down fats, and optimize blood composition.¹

GLUCOLATE™ – May help to lower blood glucose and allow the body to use insulin more efficiently.¹

GREEN TEA LEAF EXTRACT – May increase insulin activity and includes polyphenols and polysaccharides, which may support healthy blood pressure.¹

RHODIOLA ROSEA ROOT – A known adaptogen, this powerful root may aid the body in adapting and resisting physical, chemical, and environmental changes, and may help to reduce the constant release of cortisol.¹

ASPARTIC ACID – An amino acid that may support the following: the production and release of hormones, nervous system function, and a robust metabolism.¹

ALPHA-LIPOIC ACID – An antioxidant that may: help prevent damage in certain cells, support neuron function, and improve the metabolism of carbohydrates.¹

GYMNEMA SYLVESTRE LEAF – May assist in stimulating insulin release from the pancreas, and may help to prevent the absorption of sugar from the intestine.¹

PREHISTORIC PLANT AND MARINE MINERAL COMPLEX – Essential for a wide range of functions and contains minerals such as chromium, magnesium, vanadium and zinc, which may support healthy blood sugar.¹

BITTER MELON – May improve the metabolism of blood sugar as well as intestinal health.¹

JAMBOLAN – Used in ancient medicine, it may help support blood sugar and healthy cholesterol levels.¹

VANADIUM – A trace mineral that may assist in lowering blood sugar and improving sensitivity to insulin.¹

INSULIN RESISTANCE AND SUGAR CONTROL

Excessive calorie consumption, which may ultimately lead to weight gain, is only a small side effect of high blood sugar. Excessive stored glucose and high levels of insulin put an enormous amount of stress on the body, triggering a fight-or-flight response and disrupting hormone function. Soon, cells become overwhelmed by the overload and confusion and will develop insulin resistance, ignoring and rejecting nutrients transported by insulin. When cells become resistant to insulin, sugar is not properly eliminated from the blood stream and may cause destruction throughout the body.

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