

# PROTEIN SHAKE • COMPARISON CHART •

Finding the right protein supplement to support your lifestyle is essential to reaching your goals. Whether you're trying to lose weight, build muscle, or simply looking for a nutrient-rich snack, Youngevity has a variety of high-quality protein supplements for every lifestyle. Find the protein shake that works best for your goals below:



**FitShake™**  
Performance Shake  
(Banana Cream)  
Youngevity®



**TMR™**  
Total Meal Replacement  
(Vanilla)  
Sta-Natural™



**Slender FX™**  
Weight Management Shake  
(French Vanilla)  
Youngevity®



**Slender FX™**  
Weight Management Shake  
(Keto Caramel)  
Youngevity®



**i26 FIT+pro™**  
Protein Shake  
(Vanilla Crème)  
Legacy for Life™



**NP Pro™**  
Weight Management Shake  
(Creamy Vanilla)  
Nature's Pearl®



**The Only Whey™**  
Protein Shake  
(Vanilla Bean)  
Integris®

**Primary Use**

Performance

Meal Replacement

Weight Management

Weight Management

Performance

Weight Management

Performance

**Calories Per Serving**

150

200

125

95

130

130

85

**Protein Per Serving**

25g

24g

14g

21g

20g

17g

15g

**Fat Per Serving**

4g

6g

1g

.1g

3.5g

2.5g

1g

**Carbs Per Serving**

2g

12g

12g

1g

7g

11g

4g

**Dietary Fiber**

1g

5g

6g

1g

4g

5g

2g

**Protein Source**

Whey Protein Concentrate  
Organic Flaxseed  
Bone Broth Protein Concentrate  
Coconut Milk

Whey Protein Concentrate  
Milk Protein Concentrate  
Whey Protein Isolate  
Egg White  
Chia Seed

Micro-filtered Whey  
Protein Concentrate  
Pea Protein  
Rice Sprouts Protein  
Quinoa Protein  
Chia Protein Flax Protein

Whey Protein  
Rice Protein  
Pea Protein

Whey Protein Isolate  
Whey Protein Concentrate  
Egg Powder  
Pea Protein

Pea Protein Isolate

Whey Protein Isolate  
Whey Protein Concentrate

**Sweetener**

Stevia

Stevia, Luo Han Guo Extract

RejuvaSweet™

Organic Stevia

Sucralose

Raw Sugar, Stevia

Sucralose

**Gluten-Free**

Yes

Yes

Yes

Yes

No

Yes

No

**Wholesale Price**

\$50

\$50

\$48.50

\$58.50

\$48

\$39.99

\$36

**# of Servings**

30

30

30

30

15

15

14

**Flavor(s)**

Banana Cream

Chocolate, Vanilla

French Vanilla,  
Chocolate Fudge

Caramel

Vanilla Crème, Caramel  
Latte, Dutch Chocolate

Creamy Vanilla

Vanilla Bean

**Additional Nutrients**

Fermented:  
Vitamin D3  
Green Coffee Bean  
Digestive Enzyme Blend  
Probiotics

Vitamin & Mineral Blend

Metabolism Boosting  
Botanical Blend

Metabolic Blend  
Whole Food Blend  
Enzyme Blend

Probiotic Blend  
Amino Acid Blend

Superfood Blend  
Digestive Enzyme Blend

Fibersol®-2