



Heritage Questions

- 1 – What’s your oldest memory? Maybe a toddler memory of helping Mom? Keep digging and see how far back you can go.
- 2 – What was school like? Which schools did you attend? Do you remember your teachers? Your classmates? What were your classrooms like?
- 3 – How did you spend your spare time? Mom and Dad may have called it wasting time, but you knew better. Was it games? Television? Radio? Comic books? Were you creating things? Baking things? Music?
- 4 – What was your favorite holiday and how did your family celebrate? What were the special traditions? Special ceremonies? Special costumes? Where did these traditions come from?
- 5 – What was family time like? What things would you do together? Where was “home”? What was it like? Did your extended family get together often? Where? What would happen then?
- 6 – What sports and games did you play? How did you get started in sports? What position did you play? How great were you? What do you remember about your teammates?
- 7 – You were quite the fashion plate, weren’t you? Tell us the stories about the horrible off-brand jeans your mom bought for you. What about the hand-me-downs? Tell us about the first piece of clothing you bought with your own money. Did you get married in Grandma’s wedding dress?
- 8 – What’s cooking? What were your favorite home-cooked meals? Were there any traditional foods in your family you wish you could go back in time and try once more? Do you have any cherished recipes from Grandma or Grandpa? Were you a picky eater?
- 9 – What’s been the greatest advancement of your lifetime so far? The polio vaccine? The personal computer? Golden Oreo cookies? What’s changed today to make the world a better place than when you were a kid? On the flip side, what’s the biggest thing that’s just not as great as it was back in the good old days?
- 10 – Who’s your favorite storyteller? Who’s the person your family always turned to for a good story? Which older relative could always sit back and spin a yarn? Give your album a little more reach by including one of your favorite stories of your family as it was told to you.



Your Great Life

1 – What’s so great about your sweetheart? First Love? True love? What special things does your sweetheart do that remind you how lucky you are? Ever been in love before this? What did that experience teach you about appreciating you have you have now?

2 – What’s so great about your family? Blood really is thicker than water. So how does your family stick together? How do you support and encourage each other? What makes your family unique?

3 – What’s so great about your friends? Do you have a best friend? A favorite few? A trusted group? Tell us about a time when a friend has risen up and showed you just what friendship is.

4 – What’s so great about your hero? Is this someone who came to your rescue? A mentor? A role model? What makes this person so special? And what makes you so lucky to have them in your life?

5 – What’s so great about your home? Be it ever so humble, there’s no place like it. What makes yours great? Is it the building itself or the memories it contains? Is there something special about each room? Something special about the yard? What about the neighborhood? How about your home town?

6 – What is so great about your faith? How have your beliefs changed your life for the better? Tell us about a time when you’ve felt fortunate to have faith.

7 – What’s so great about your job? What do you do and how does it fit into your life? Who depends on you? What challenges keep it interesting? Is this what you thought you’d grow up to do when you were a kid?

8 – What’s so great about the road you’ve traveled? OK, so you haven’t picked the smoothest path. But tell us about some of the valuable lessons you’ve learned along the way. What valuable wisdom would you not have now if you hadn’t botched things up so miserable in the past?

9 – What’s so great about you? Come on, you knew this question was coming. If it makes it easier, try imagining how your mom would answer the question if someone asked about you. What about your spouse? Or, if you’re really stuck, try asking your mom and/or your spouse to answer the question for you? That’s not cheating. It’s an album, not a term paper).

10 – What’s so great about your dreams? What do you dream about? What would life be like for you if your dreams came true? For your family? For the world?