



# Saveur ZUCCHINI LASAGNA

*This recipe features Saveur's Pomodoro Basil Mix.*

## INGREDIENTS

**1 lb. (500 g.) ground beef  
or turkey**

**1 large eggplant, cut into ½"  
(1 cm) cubes**

**3 large, very ripe tomatoes  
cut in half**

**2 red peppers (capsicums), cut  
in ½" (1 cm) pieces**

**1 large brown onion, cut in half**

**4 garlic cloves or 1 Aussie  
Garlic clove**

**4 large zucchini, thinly cut  
lengthways**

**3 tsp. Saveur Onion Garlic Rub**

**1 14 oz. (400 g.) can  
diced tomatoes**

**3 tbsp. Pomodoro Basil Mix**

**Saveur Seasoned Salt, to taste**

**2 tbsp. Tomato Paste**

**Cheese Sauce**

**3 tbsp. Youngevity Organic  
Salted Butter**

**2 tbsp. cornstarch (cornflour)**

**1.5 cups milk**

**2 cups cheese (like mozzarella  
or feta)**

## METHOD

1. Place eggplant, tomatoes, garlic, onion, and peppers on baking tray. Drizzle with oil of choice and toss in with ½ tbsp. of Pomodoro Basil Mix.\*
2. Cook at 350°F (180°C) for 15-20 minutes. Remove from oven, allow to cool, and dice.
3. While this is cooking, add oil to pan with 1 tsp. of Onion & Garlic Rub, ½ tbsp. Pomodoro Basil Mix, add beef and cook until browned. Once browned, add diced vegetables, Seasoned Salt, diced tomatoes, 1 tbsp. Pomodoro Basil Mix, 1 tsp. Onion & Garlic Rub, cover and allow to simmer till liquid is almost gone, about 1-2 hours. Add 2 tbsp. tomato paste.
4. To make cheese sauce: Add butter to saucepan with remaining Onion Garlic Rub and melt together. Add cornstarch, stir. Add milk and reduce heat to medium. Stir constantly. As sauce thickens, add 1 cup cheese, continue to stir till thick.
5. Start your lasagna with a layer of beef. Make a second layer by adding zucchini strips on top, then add a third layer of beef and sauce. Create a fourth layer of zucchini strips, then top with more sauce and cheese. Top with the remaining Pomodoro Basil Mix & bake at 340°F (170°C) for 40 minutes. Allow to cool slightly before cutting and enjoy with salad.

*\* Try macadamia oil. For a quicker cooking method, skip the oven and brown well on stovetop.*

