# SYNA P.TIV

Antioxidant Neuroprotection & Brain Support.

- Supports mental focus.†
- Promotes optimal signal strength of neurotransmitters in the brain.<sup>†</sup>
- Supports enhanced cognitive activity.†
- Supports healthy memory and cognitive function.<sup>†</sup>
- $\bullet$  Delivers vitamins and minerals essential for brain and nervous system health.  $^{\dagger}$
- Includes organic, whole food synergizing co-factors for optimal activity! †
- Includes Botanical Antioxidant Blend to support neuroprotection.<sup>†</sup>

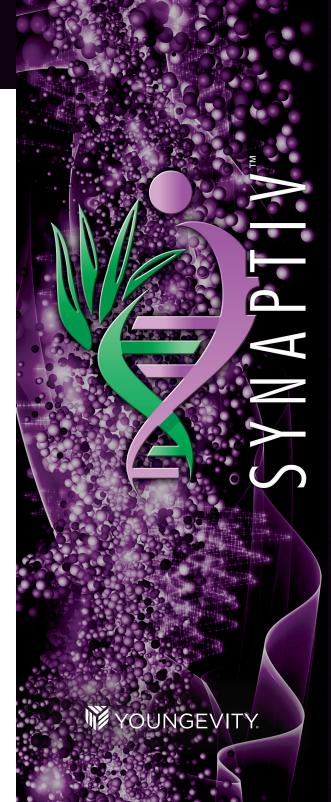
**SYNAPTIV**<sup>™</sup> is a ground-breaking, brain-support supplement that supplies immediate and extended release nutrients to promote optimal brain function.<sup>†</sup>

FOR MORE INFORMATION, CONTACT:

Youngevity

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† These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.



ANTIOXIDANT
NEUROPROTECTION &
BRAIN HEALTH SUPPORT. †



SYNAPTIV™ 60 TABLETS #USYG100083

## THE POWER OF THE BRAIN

The brain is the coordinating center of sensation, intellectual and nervous activity in the human body. It receives information, organizes and distributes it. It not only plays a vital role in the way you think, feel and respond to things, but it is also vital in controlling autonomic and motor functions in the body. Our brain stores all the information we gather, alerts us of dangers and helps us rationalize material. Without proper brain and neuron function, the human body cannot function properly. Unfortunately, our brain and neural activity is continuously being compromised; diminishing our overall health.

## **SYNAPTIV** TM

SYNAPTIV<sup>™</sup> is a cutting-edge brain support supplement that delivers a powerful blend of brain-supporting nutrients. It delivers immediate stress-combating nutrients to support mental clarity and positive cognitive function while also providing you with a botanical antioxidant blend that targets the six major classes of free radicals that hinder brain function.<sup>†</sup>

## ACTIVATE YOUR NEURONS, ACTIVATE YOUR MIND.

### **CURRENT STATE OF MIND**

We currently live in a society full of stress, lack of sleep, poorly nourished diets and monotonous activities. Consequently, our health is declining. We can't remember where we left the keys, because we're too tired. We can't control our appetite because we're stressed. We don't engage in social activities because we're mentally exhausted. This is not how life is meant to be lived. You are meant to be stimulated, tackle problems, engage in an active lifestyle and live a long and healthy life; this requires optimal brain health.



## WHAT'S CAUSING DIMINISHED BRAIN HEALTH?

Stress is a natural part of life; every person experiences it. During the earliest ages, humans experienced stress from worrying about food and survival. However, stress can now be brought on by even the simplest thing; work deadlines, presentations, homework, money and many other daily activities.

While some stress is healthy (helping your body deal with immediate dangers or problems), chronic stress (daily stress causing fatigue, irritability and interfering with daily life) can be very detrimental to one's health. Plus, poor diets and unhealthy lifestyles can cause chronic inflammation and unstable hormones; and decrease social and mental stimulation. This leads to diminished brain and neural function, which also leads to a variety of terminal illnesses.

An estimated 20% of adults over 55 years old experience some form of mental health concern. From mood disorders to anxiety to cognitive impairment, mental function becomes a relative issue to many aging adults. — www.cdc.gov

## SYNAPTIV™ ADVANCED BRAIN-BOOSTING NUTRIENTS:

In order for the brain & neural system to function optimally, there are immediate and continuing demands that need to be satisfied. When stress levels are increased, you want to manage your stress levels instantly. To prevent neural-related illness and other mental health concerns, you want to deliver nutrients to your body that will help you live a long, healthy life. For this reason, Synaptiv ™ was designed to deliver nutrients in a unique, bi-layered tablet that releases nutrients both immediately and slowly; for overall brain and neural support. †

#### **Lemon Balm Extract**

- Supports neuronal stress-combatting activity<sup>†</sup>
- Promotes mental alertness and focus†
- Positive cognitive effects felt within an hour<sup>†</sup>

#### **Huperzine A**

- Promotes optimal signal strength of the neurotransmitters<sup>†</sup>
- Supports healthy memory and cognitive function<sup>†</sup>
- Supplies neuro-protective activity<sup>†</sup>

#### **Botanical Antioxidant Blend**

 Delivers a complete spectrum of antioxidants to target 6 major classes of free radical that inhibit brain function.<sup>†</sup>

## **Brain Support Complex**

 A powerful array of brain-supporting nutrients that support healthy blood flow to the brain and brain cell oxygenation and protection.<sup>†</sup>

#### 7 Vitamins & Minerals

 Essential nutrients known for their brain and nervous system support with synergizing co-factors for optimal absorption.<sup>†</sup>

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## SYNAPTIV

DIRECTIONS: As a dietary supplement, take 2 tablets, or as directed by your healthcare professional.

| Amount per Serving   | % Da        | aily Value |
|--|-------------|------------|
| Vitamin C (ascorbic acid)  | 20 mg       | 22%        |
| Thiamin (as thiamine mononitrate)  | 1.5 mg      | 125%       |
| Niacin (as niacinamide)  | 4 mg        |            |
| Folate 75  | mcg DFE     | 19%        |
| (46 mcg  | Folic Acid) |            |
| Vitamin B12 (as methylcobalamin)   | 24 mcg      | 1000%      |
| Pantothenic Acid (as D-calcium pantothenate)   | 1.5 mg      | 30%        |
| Choline (from 30 mg choline bitartrate)  | 12 mg       | 2%         |
| Calcium  | 160 mg      | 12%        |
| Zinc (as zinc citrate)   | 2.5 mg      | 23%        |
| Lemon balm extract (aerial parts)  | 300 mg      | *          |
| Botanical Antioxidant Blend:   | 75 mg       | ,          |
| Grape seed extract, Blueberry (fruit), Polygonum cuspidatum root extract, Quercetin dihydrate, Bilberry extract (fruit), Cranberry concentrate (fruit), Tart cherry powder, Prune (fruit), Raspberry juice powder, Strawberry (fruit). |             |            |
| Brain Support Complex: L-Glutamine, Ginkgo leaf extract, Bacopa (whole plant) extract Phosphatidylserine-enriched lecithin, Palm oil powder.   | 50 mg       | *          |
| Inositol   | 30 mg       | ,          |
| Huperzine-A (from toothed club moss whole plant extract)   | 50 mcg      | *          |

OTHER INGREDIENTS: Dicalcium phosphate, microcrystalline cellulose, coating [hypromellose, polydextrose, titanium dioxide, riboflavin (for color), talc, spirulina extract (for color), medium chain triglycerides], stearic acid, croscarmellose sodium, silica, and magnesium stearate.

WARNING: If you are pregnant, nursing, or taking any medications, consult your healthcare professional before using this or any other product.

KEEP OUT OF REACH OF CHILDREN.





### TIPS TO KEEP YOUR BRAIN HEALTHY

#### Recruit Your Brain

Engage in creative and stimulating activities that will help nurture mental health. This means step away from the TV and pick up a crossword puzzle, learn a new language, or even take an art class.

#### **Exercise**

Your brain is in charge of your movement. By exercising and moving around daily, you involve your brain and neurons and help keep yourself stimulated.

#### **Eat Nutrient-Dense Foods**

The foods you eat will either nourish your body (for a long, healthy life) or harm your body (causing chronic inflammation and disease).

## **Socialize**

Engaging in social settings and participating in activities helps reduce mental stress and will stimulate brain and neural activity.

### **Monitor Your Stress**

As we know, chronic stress leads to a wide-range of health problems. Avoid stressful situations and do things to help you relax and unwind; such as mediating, reading, going for a walk, or other calming activities.