Enjoy The Ultimate (Guilt-Free) Chocolate Experience!

There is nothing more indulgent than the sumptuous, velvety taste of deep dark chocolate. Chocolate is the world’s most craved food, loved by many for its taste, smell, and its ability to make us feel happier. It’s the ultimate comfort food!

Introducing Triple Truffle™ Chocolate

ALL NATURAL, GLUTEN-FREE, SUGAR-FREE, GLYCEMIC-FRIENDLY, ETHICALLY-TRADED

CONTAINS CALCIUM & VITAMIN D – NO PRESERVATIVES


NUTRITION FACTS

Serving Size 1 Bar (0.18 oz.)
Servings Per Container 20
Amount Per Serving %DV
Calories 1
Calories from Fat 1
Total Fat 0 g 0%
Saturated Fat 0 g 0%
Trans Fat 0 g 0%
Cholesterol 0 mg 0%
Sodium 0 mg 0%
Total Carbohydrate 0 g 0%
Dietary Fiber 0 g 0%
Sugars 0 g 0%
Protein 0 g 0%

Daily Value (DV) not established.

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 0% • Vitamin D 290% • Magnesium 1%

Dark Chocolate is a superfood. It contains antioxidants and other beneficial compounds that support health and well-being. It’s rich in flavonoids, which are thought to help reduce inflammation and improve heart health.

For more information visit www.YOUnique.com

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Triple Truffle Chocolate
Now you can satisfy your craving for chocolate and stay healthy too!
As if there already weren't enough reasons to love chocolate, Triple Truffle™ Chocolate gives you even more. This premium dark chocolate is not only delectably smooth and delicious, it's also blended with health-giving nutrients such as antioxidants, calcium, Vitamin D, and mushroom extracts to help you build strong bones, boost your immune system, and support your overall health.¹ Who knew something so good could also be good for you!

- **Tasty Treat for a Healthy Lifestyle!**
- **Supports Strong and Healthy Bones!**
- **Antioxidant to Combat Free Radicals!**
- **Supports Immune Function!**
- ** Deliciously Rich Dark Chocolate Truffle**

³ ¹These statements have not been evaluated by the Food and Drug Administration. These products are intended to diagnose, treat, cure, or prevent any disease.

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The Magic of Reishi Mushrooms
Mushrooms of Immortality, Ethic of Life. For more than 2,000 years, Reishi mushrooms (Ganoderma lucidum) have been prided for their health promoting properties. In China's聊聊, Reishi are thought to bring balance to a body that is out of equilibrium. Until recently, the misunderstood health benefits of Reishi were unknown to the West. But both Eastern and Western research has begun to show what the ancients have known: nine time medicinal.

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A Whole Range of Health Benefits
Reishi mushrooms have been shown to contain over 400 more than 640 different biologically active compounds, which seem to have a wide range of effects on human health. The most widely researched compounds are beta glucans and triterpenes.

Beta glucans are known to have powerful immune system effects. They promote the activity of macrophages, specialized immune cells that serve as the first line of immune defenses. Macrophages engulf bacteria and other foreign substances and present antigens, chemicals that, in turn, regulate the activities of other immune cells called lymphocytes. Beta glucans are also believed to support blood pressure levels.

Triterpenoids found in Reishi are called ganoderic acids. Ganoderic acids are thought to modulate the immune system, promoting immunity in response to a perceived threat and slowing down activity when the immune response is excessive. Preliminary research suggests they may also support healthy cholesterol and blood pressure levels and liver function.²³

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The Bright Side of Dark Chocolate
The Koina Indians, who live out on the San Blas Islands off the coast of Panama, are noted for their exceptional cardiovascular health. A 30-year study conducted by Harvard scientists suggests that the Koina women believe in having "white" minds—their diet is low in fat and rich in fresh fruits and vegetables—while also consuming the dark chocolates that the Panamanian mainlander. Their secret to good health is thought to be in their diet, the Koina consume up to 5 cups of cocoa per day.

Cocoa contains one of the highest known concentrations of antioxidative rich compounds called flavonols and flavonoids. Antioxidants are believed to support healthy aging by neutralizing the effects of harmful molecules called free radicals. Additionally, flavonoids have also been shown to support skin health function by promoting healthy blood pressures and cholesterol levels, and healthy blood flow.²⁴

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