

**CALL IN NUMBER: 712-832-8341**    **PIN: 4374940#**  
YG4U.com/Calls

## DAILY CALLS – MONDAY THROUGH FRIDAY

### THE HAIR ON FIRE CALL

**5:30AM PT, 6:30AM MT, 7:30AM CT, 8:30AM ET**  
Get your day off to a FAST START with Diamond Ambassador Tom Chenault and 5 Star Executive Victoria Baran for a quick burst of high-energy, high-impact motivation and topical information on this 10-15 minute “wake up” call.

### THE DAILY DOSE

**7:30AM PT, 8:30AM MT, 9:30AM CT, 10:30AM ET**  
This power-packed call, also known as the Breakfast Empowerment Hour, is your Daily Dose of updates, company-wide announcements, and FOOD FOR THOUGHT. Join 2 Star Executive Linda Tyler plus Corp VP's, Youngevity® Leadership Elite, and special guests on this 30 minute motivational and inspirational call.

## MONDAY

### THE 90 FOR LIFE™ CALL

**7:00PM PT, 8:00PM MT, 9:00PM CT, 10:00PM ET**  
Join Peggy Lapsley, Richard Renton, and Debra Flanders-Grant on this informational and inspirational call to learn more about your own health awareness, as well as to hear the testimonials of others whose lives have been completely changed by Youngevity®'s amazing products.

## TUESDAY

### MEMORY KEEPING CALL

**8:00AM PT, 9:00AM MT, 10:00AM CT, 11:00AM ET**  
Every 4th Tuesday of the Month  
Join Memory Keeping Manager, Stacy Croninger and special guests, to learn about the most exciting and useful trends in digital and traditional scrapbooking. See more at [www.youngevity.com](http://www.youngevity.com).

### THE 90 FOR LIFE™ FORUM

**5:00PM PT, 6:00PM MT, 7:00PM CT, 8:00PM ET**  
If you are serious about your health and getting the best benefit from your supplements, join Dr. Joanne Conaway as she continues her series on the importance of “90 For Life”. Why is 90 For Life™ so important for optimal health? And what makes the Youngevity® line of supplements unique and superior?

### THE ESSENTIAL OILS CALL

**5:30PM PT, 6:30PM MT, 7:30PM CT, 8:30PM ET**  
Join Brenda Wright for a discussion of the many uses of essential oils.

## WEDNESDAY

### THE LEADERSHIP TRAINING CALL

**10:00AM PT, 11:00AM MT, 12:00PM CT, 1:00PM ET**  
Listen in for the latest news and updates, as well as powerful training you can put to use, immediately after the call. Join VP Alex Theis (on Facebook Live too!) for training on mindset, business and leadership, as well as timely, insightful interviews with leaders, ambassadors, and top earners throughout Youngevity; all designed to help you stay in action!

### THE DAC TRAINING CALL

**11:00AM PT, 12:00PM MT, 1:00PM CT, 2:00PM ET**  
Join corporate and field leaders of DAC (David Allen Capital) on this nuts-and-bolts training call. Learn how simple it is for you to promote our loans to existing business owners. This is a MUST for all reps who are looking to earn significant upfront income while building out their residual income.  
Dial-in information: **(712) 432-7508** pin: 372273

## WEDNESDAY

### HEALTHY BODY / 90 FOR LIFE™ PRODUCT CALL

**5:00PM PT, 6:00PM MT, 7:00PM CT, 8:00PM ET**  
Join our nutrition and fitness coach, Sanjeev Javia, for the latest news and information about Youngevity's amazing product line and The Healthy Body Challenge Program. You'll hear stories, testimonials, education, and the WHY'S and HOW TO'S of nutritional health.

### ESSENTIAL OILS, BODY AND BUSINESS CALL

**5:30PM PT, 6:30PM MT, 7:30PM CT, 8:30PM ET**  
Youngevity Essential Oils is quickly becoming one of the company's most popular, and rapidly-growing product lines. Join Leiann King, Certified Master Aromatherapist, for a discussion on how to successfully grow your essential oils business.

## THURSDAY

### STAR SCHOOL

**5:00PM PT, 6:00PM MT, 7:00PM CT, 8:00PM ET**  
Learn how to build a successful Youngevity business and achieve your goals and dreams. Led by Youngevity leaders Sheryl Morley and Paul Kroto.

Dial-in information: **(530) 881-1212** pin: 672-224-983

### CONNECT AND GROW

**5:30PM PT, 6:30PM MT, 7:30PM CT, 8:30PM ET**  
Success Training and Belief Building to help you and your business grow with Rich Stocks and Susan Resner.

**(712) 432-1212** pin: 709-479-633#

Overflow Number: **(712) 432-0185** pin: 709-479-633#

## FRIDAY

### THE BASIC TRAINING FB LIVE

**7:00AM PT, 8:00AM MT, 9:00AM CT, 10:00AM ET**  
Join Youngevity® corporate and field leaders on this nuts-and-bolts call, covering the basics of business building and how to get everyone off to a FAST START. This is a MUST for all new Reps/Associates and a great refresher for everyone else!  
Only on Facebook Live at the “EscapeOfYoungevity” Group Page.

### WEEKLY YOUNGEVITY SERVICES FB LIVE

**7:30AM PT, 8:30AM MT, 9:30AM CT, 10:30AM ET**  
Stay plugged in and updated on the Services of Youngevity. This weekly Facebook Live will provide service division updates, developments, and trainings. Hosted by VP | Global Services David Rutz.  
Only on Facebook Live at the “Youngevity Services” Group Page.  
Details on web.

## SATURDAY

### HEALTH & WEALTH CALL

**10:00AM PT, 11:00AM MT, 12:00PM CT, 1:00PM ET**  
Don't miss out! Join Dr. Corey Gold and Adrienne Gold on this live call featuring business building tips and topical product information. To also join online, go to: [HTTP://WWW.INSTANTPRESENTER.COM/WEBCONFERENCE/DEFAULT.ASPX?IP\\_EK=YOUNGEVITY1](http://WWW.INSTANTPRESENTER.COM/WEBCONFERENCE/DEFAULT.ASPX?IP_EK=YOUNGEVITY1)